



**Australian Association for Exercise
and
Sports Science**

ANNUAL REPORT

(incorporating the Annual Financial Report)

October 2003

Presidents Report Dr Phil Hamdorf

2003 has borne witness to a flurry of activity by the association across a number of areas. Of principal concern have been issues such as member's insurance, the inaugural AAESS conference, NUCAP, the AAESS web site, communication between state and national committees, the GST, evidence based practice network, the relationship with Fitness Australia, etc.

Clearly, many of these issues are ongoing and of critical importance to the association.

Of major consequence to AAESS however, is the success of the inaugural AAESS conference. I strongly urge members to get behind the conference and show their support for this important event. The conference represents an excellent opportunity to learn and update one's skill-base from exposure to a range of first-rate local and international speakers. In addition, the conference also has the potential to positively impact upon the association's strategy for improved financial security. Thus I would call on all members to actively promote this excellent educational opportunity.

Given this is my final report as President, I feel it would be remiss of me not to make a couple of parting comments about the association and its future.

The AAESS is a predominantly 'volunteer' organisation with a diminutive number 'part-time' staff in the positions of Executive Officer and National Secretariat. Unfortunately, whilst some members persist in propagating the 'illusion' that we have 'full-time' dedicated staff, this could not be further from the truth. Accordingly, we must continue to rely upon the strong support of members who volunteer 'countless hours' for the benefit of the association. This is an extremely important issue and one that members should recognise when they next take a 'shot' at the association. My hope is that members would try harder to understand the difficulties of working within a 'largely volunteer' organisation and make efforts to constructively assist the association rather than criticise at every turn!

In regard to the status of our profession, I believe that exercise and sports science currently stands at its 'highest point' in recent history. However, the profession is simultaneously experiencing its most significant threats as other professional groups come to grips with the emergence of exercise and sports science professionals into areas where 'traditional' allied health and other professionals have operated. The challenge to all members, will be to continue to espouse the unique skills and competencies of our profession with vitality and maturity.

In closing, I would like to thank all members of the association for the considerable support and encouragement I have received throughout the past 4-years. In particular, I would like to thank Judy Mack for her enduring assistance and Steve Scott for his huge support in the day-to-day management of the association. A special thanks also to Tony Parker who has assisted me greatly as a mentor and to Barry Ridge who has undertaken a magnificent (and mostly unrecognised) role in guiding the finances of the association as our Treasurer.

I wish the association every success for the future and look forward to continuing my support of Australia's only professional association dedicated to serving the interests of tertiary trained exercise and sports science professionals.

Executive Officers Report Steve Scott

2002/2003 has been a significant year for AAESS. This is the first full year for which the Association has employed an Executive Officer and there has been a great deal for me to do. The Board has been very supportive and I thank those members of the Board who will not be continuing beyond the Annual General Meeting. In particular, I would like to express my appreciation to Dr Phil Hamdorf for his leadership and support as President of AAESS.

AAESS membership has grown over 10% during the year and there has been a similar increase in the number of accredited members. State Chapters have worked hard on their programs and are playing an increasing role in the operation of AAESS and are, in my opinion the future of the Association.

In 2002 we initiated a program seeking provider status for AAESS members with Australian Registered Health Benefits Organizations (RHBO's). Forty three proposals were sent to the RHBO's and, to date, we

have received ancillary recognition from five. I am aware of two more RHBO's that should soon be included and we continue to pursue others for recognition. This will clearly be a long term project on which we will continue to work on behalf of our members.

Professional Indemnity Insurance continues to be a major priority for AAESS. During the year, one of our preferred suppliers, CityCover, ceased offering Professional Indemnity cover to Exercise Physiologists. We continue to seek a better deal for members and have recently distributed a declaration form seeking information from members which will be used by a broker to endeavor to arrange a competitive product for AAESS members.

In April 2003 we launched the National University Course Accreditation Program (NUCAP) offering Australian universities the opportunity to have Exercise and Sports Science courses accredited by AAESS. We have received seven applications to date and these will be assessed with the view to accreditation by the end of June 2004.

Another major AAESS project is the staging of our inaugural annual conference from 14 to 16 April 2004 at the Queensland University of Technology in Brisbane. Under Conference Committee Chair Dr Phil Hamdorf and Scientific Committee Chair Dr Mark Brown, a strong program has been developed and this will be a milestone for AAESS and our members. We look forward to seeing you in Brisbane in April 2004.

AAESS is a professional association operated for the benefit of our members. I urge members to become actively involved in the on going development of the Association and their profession.

Treasurer's Report Dr Barry Ridge

The financial statements for the Company for the period 1st July 2002 to 30th June 2003 are attached. A loss of \$17,523 was made during the financial year. The main source of income was membership which includes accreditation fees – an increase of 22% on the previous year. A small amount of income was generated through advertising. There was no conference income from SMA in 2002. As accreditation fees are paid for a 3 year period, only a portion of those amounts has been credited as income in 2003 - the balance while in the bank must be considered as income in future years.

Expenditure in 2003 was considerably higher than last year. This was not unexpected with the AAESS Executive Officer completing his first 12 months in the job. As well as the EO salary being committed for the full 12 months, the secretarial wages have increased during the period. Committee travel costs are up in 2003 but in defence of these costs the Board had all chapter Presidents or their representative attend the Face to Face Board Meeting at Sydney in February. I believe that the Board members valued the input from the State Chapter reps and that it was money well spent. Bank charges are up but we are also received bank interest. Conference attendance is up but it was not for Board members – we paid travel costs and SMA Conference registration costs for AAESS members who won prizes in AAESS membership competitions and for the EO to travel to and stay at the SMA conference. Printing is up but this amount includes the cost of 5 newsletters rather than 4 and the cost of printing NUCAP documents – a cost which will be reimbursed almost immediately. The increase in teleconference costs reflects a portion of the actual cost of the teleconference calls conducted. We are again grateful to those organisations which have been able to defray some of the AAESS business expenses this year.

Clearly, we cannot proceed to make a loss in 2004 and beyond. Fortunately, the Board has embarked on a number of strategies this year which should produce income both directly and indirectly. We have introduced an incentive scheme for the state chapters to assist us with increasing membership where a percentage of the new membership income is returned to the chapters. We are also providing additional grant monies to the Chapters for administrative support. We have invested significant resources in a new web site which should be operational before the end of the year. We are planning for the first AAESS Conference to be conducted in Brisbane in April 2004. We have introduced the National University Course Accreditation Program. Finally, we have a committed Executive Officer in Steve Scott, who has a hand in most of these projects. While the Board believes that it is in a strong position to return a profit in 2004 the task will be much easier if you can help.

I commend the Financial Reports to the membership and move that:

Motion: The Financial Report for the period ended 30th June 2003 be received

Vice President (Sports Science) Dr David Bishop

It seems like only yesterday that I was writing the sport science report for 2002. While the last year has passed by far too quickly, I believe that a lot has been achieved. There is still however, a lot more effort required to continue to promote and advance scientific studies in sport science and to further the professional aspirations of sport scientists.

AAESS Conference

My involvement in the scientific committee for the inaugural AAESS conference has taken far more time than I anticipated. I hope though that when you see the final scientific program that you will agree that the effort has paid off. To date we have put together an excellent scientific program that showcases many of Australia's great scientists and practitioners and will provide members with a valuable opportunity for professional development (and CEP points). The theme for the conference is "from research to practice", and with that in mind we have attempted to create a unique conference whereby scientists and practitioners can learn from each other. One of the innovative conference sessions is a forum of leading Australian coaches who will discuss the topic "Sport science – what it tells us, what it doesn't and what it should". I am very excited about the ideas that will come out of what should be an entertaining and enlightening session. Of course we also have leading sport science researchers from Australia (e.g., Prof. Bruce Elliott and Prof. Rob Newton) and the world (Prof. Paavo Komi, Prof Mike Marfell-Jones and Prof. Ken Nosaka). Finally, we will also be having a very special session honouring the "father of sport science" in Australia. I am very pleased to confirm that Dr Chris Gore will give the inaugural "Prof. Cotton Memorial Lecture". We have built a great conference. Now all we need is for you to come and participate in what will undoubtedly be remembered as an important conference full of innovative ideas and networking opportunities. I hope that all members (and future members!) will consider submitting an abstract for this conference and showcasing the excellent work that they are doing.

Sport Science Networks

Earlier this year, largely through the initiative of Zorica Babic, we established a sport science network in Victoria. This initiative (which we hope will spread to other states) was designed to try and establish greater collaboration between sport science researchers and practitioners. Another important goal is to try and establish what sport scientists consider to be the most important issues that AAESS should be tackling in the coming years. At the moment, the sport science community in Australia is too fragmented and I hope that this is the start of greater communication between sport scientists. In particular, I hope that the coming years will see AAESS working more closely with the institutes and academies of sport; this can only be of benefit to all sport scientists.

Advocacy

Finally, I believe that AAESS has an important role as an advocacy group for sport scientists. The issue of more funding for sport science research is a perpetual issue. I recently wrote an invited editorial for the *Australian Journal of Science and Medicine in Sport* arguing the importance of sport science research and the need for greater funding. I hope to continue working on this issue and to help AAESS members gain funding for their sport science research.

Vice President (Exercise Rehabilitation) Owen Curtis

There has been considerable activity in this portfolio on AAESS' behalf during 2003. The activity has been conducted, at a National Level, through involvement in Fitness Australia. Primarily my involvement has been related to the development of the National Fitness Industry Training Package while a member of the Training and Registration Advisory Committee. The Training Package process is nearing completion and will result in the development of a Diploma Level Course for people seeking improved qualifications within the VET system.

I believe I have ensured that it remains the responsibility of allied health professionals (AEPs) to design exercise interventions for people with pathology seeking the services of the fitness professional.

AAESS' interest on FA have been met through ensuring close dialogue and co-operation between the two organisations. AAESS' continued involvement on the Board of FA will be clarified after the upcoming AGM. FA has a motion on the books to change the constitution and thus change the manner in which the various states' interests are managed. The AGM, conducted in early December will determine the structure of the

Board, and AAESS will be informed accordingly. In my opinion, it is vital we have a close professional relationship with FA.

The Training Registration Advisory Council sought the development and implementation of a suitable Screening Tool for individuals seeking the services of the fitness industry. AAESS developed a tool (Extra) and the process of having this reviewed and evaluated within the industry has taken far longer than I would have liked. The process is ongoing, with the recommendation being that a simpler, more time economical tool be implemented, and that Extra be used to fine tune the screening process. Discussions continue, largely around the need for Medical Practitioners to be upskilled so they feel comfortable about clearing an individual with pathology for an exercise intervention. Par Q and Par MedX have been discussed as optional tools and processes.

I was involved in an approach by FA to the Australian Divisions of General Practice to consider options for extending the GP referral scheme or other appropriate strategies for assisting the General Practitioner to be able to better manage activity and lifestyle interventions for their patients.

At the State level, I have represented AAESS' interests on a Workcover NSW Committee of Review of Workhardening, Workconditioning and Pain Management. Discussions are continuing, however there is a significant threat currently to the level and nature of involvement of AAESS members within the newly titled Work Related Activity Programs. AAESS is presenting the necessary documentation and making approaches through senior management to ensure that AEPs are considered to be amongst the allied health professionals who can design work related activity programs. This is an urgent matter.

Recommendations

I believe AAESS must develop:

- Increased communication with relevant National Departments for Aged Care;
- Unified approach to Department of Veterans Affairs;
- Unified approach to State Traffic Accident Commissions;
- Increased involvement of AAESS at a national level in issues facing the Australian population including obesity, physical activity, healthy aging;
- Increased co-ordination related to Workers Compensation and involvement at National Level with committees as required.

I take this opportunity to thank fellow Board Members for their support during my time on the National Board. I thank them for their energy, insights and capacity to share, and develop a vision for the profession.

Duties/Responsibilities undertaken during 2003

Fitness Australia

- FA – Representing AAESS' interests
- FA – Meeting with Australian Division of General Practice re Physical Activity initiatives
-

Training and Registration Advisory Committee

- TRAC – National Fitness Industry Training Package
- TRAC - Extra Screening Tool

SRTA Training Package National Steering Committee

- Overseeing the process of developing and implementing the National Fitness Industry Training Package

CASPAC

- Committee of Advice on Special Populations and Aged Care
- Committee reports to Fitness NSW, which has direct communication to FA

Workcover NSW

- Workcover NSW Expert Panel – Workconditioning Workhardening and Pain Management
- Workcover NSW Working Party on 'Who can and who cannot design and deliver exercise interventions for individuals with pathology'

Incidental

- Membership of National Board of AAESS – teleconference and meeting attendance
- Support of Vic AAESS in approach to Traffic Accident Commission
- Inaugural AAESS Conference committee member

Vice President (Exercise Science) **Dr Ian Gillam**

The past year has been one of continuing development for AAESS, with efforts being directed to a number of specific projects to directly assist AEP's in clinical practice.

One of the major goals for AAESS must be obtain the support of the Private Health Insurers to provide adequate rebates for exercise physiology services. Currently AEP's are disadvantaged compared to other allied health practitioners providing similar services, such as physiotherapists and other practitioners providing end-stage rehabilitation or occupational health services. An initiative was developed in November 2002 to engage a Health Insurance consultant to provide advice and to write an appropriate submission to every Australian health Insurer, requesting the inclusion of Exercise Physiology services in their rebate schedules. Financial support was requested from the university sector to engage this consultant. With the administrative support of Steve Scott, submissions were presented to each Insurer for their consideration in March 2003. So far, the response has been disappointing, although some of the smaller insurers have included exercise physiology services in their schedules. Recently, Grand United Health Fund has approved EP services and is important that all AEP's register with this progressive health fund, to ensure that we are recognised as a strong and viable group of allied health professionals. This should create market pressure on other funds to include AEPs in their schedule in the near future.

Another initiative for 2003 was the formation of an Exercise Science subcommittee comprising of representatives of a number of key Health Bodies. The major goals of this committee were to: develop strategic partnerships and to provide expert opinion and advice to on matters relating exercise for primary and secondary health interventions. The organizations represented were as follows:

- National Heart Foundation (Qld Branch)
- Australian Society for the Study of Obesity (ASSO)
- Arthritis (and Osteoporosis) Victoria
- Divisions of General Practice and Active Script
- Diabetes Australia (Qld Branch).

A number of issues were identified during these meetings. If solutions can be found it would greatly assist the interaction between these organizations and AAESS. This would also lead to an increase in the referral to exercise physiologists of individuals with these chronic conditions. A key barrier to the referral of suitable clients by GP's and other allied health practitioners was the difficulty of identifying practicing AEP's within their local area network and determining relevant expertise for client referral to the AEP. It is hoped that the development of the new AAESS website will facilitate this process and make the database of AEP's more easily accessible. However, there is still much more work to be done to increase the awareness of GP's of AEP's, to ensure their skills are recognised in the exercise rehabilitation process. The small number and the limited regional distribution of practicing AEP's, especially in country areas, is seen as a major issue which must be addressed if there is to be a much wider acceptance of the profession by medical practitioners.

Throughout the year, I have been the AAESS representative on Sports Medicine Australia's Council of Discipline Groups. This is an advisory, discipline based group to SMA and provides a forum, where the views of AAESS can be considered when SMA presents a view on matters relating to sports and exercise science. I have also completed my two-year term as the AAESS representative on the 202/2003 Australian Conference of Science and Medicine in Sport Committee. Recently, I accepted the role of Coordinator of the Professional Practice stream of the 2004 AAESS Conference. The program is developing as an exciting forum for AEP's to learn from each other, and with speakers on areas as diverse as Work Cover and managing your business's intellectual property, it is a Conference you will not want to miss. I look forward to seeing you all there in April 2004.

As I will be retiring from the position as VP Exercise Science at this AGM, I hope that my successor can continue working on some of these issue. I thank all the current Board for their support and look forward to continuing to work on behalf of AAESS in the coming year.

Victorian Chapter Zorica Babic

ACHIEVEMENTS:

1. AAESS Networks Launch
Victoria now has 3 Networks meeting regularly
AAESS Sports Science Network
AAESS Public Health Network
AAESS Hospital EP Network
2. Transport Accident Commission (TAC) Provider Number Working Party – Both the AAESS Working Party and TAC Representatives are continuing to work together to assist the decision making process.
3. New Executive team at AGM July 2003.
President: Catherine Carracher, Vice President: Toni Ryan, Treasurer: Marek Gorski, Secretary: Yvette Denning, Directors: Janelle Bridges, Deborah Pascoe, Kellie Murphy, Brendan Henderson, Sebastian Buccheri

EVENTS:

1. Launch of AAESS Networks (July 2003)
2. Member Forum (Ballarat, June 2003) – This meeting of members and the exec team provided an opportunity for members to express their views, share ideas, direct concerns, and to highlight the many areas that AAESS Exec representatives continue to develop and understand the various barriers that can slow these processes.
3. Jobfest (RMIT, Bundoora, September 2003) – Presentation to students “Focus on careers in Exercise and Sports Science” to highlight the broad range of work opportunities.

CHALLENGES:

1. To obtain TAC Community Provider Number
2. New Executive Team to generate and continue to develop projects for members
3. To continue to develop and instigate new AAESS Networks and promote Continuing Education specific to these specialties
4. To provide relevant educational opportunities

Queensland Chapter Kevin Conlon

ACHIEVEMENTS FOR 2003:

- Successful lobbying of Q-COMP to change the Table of Costs (TOC) to better represent exercise physiologists providing Physical Conditioning Services in Queensland;
- Submission of WorkCover Queensland proposal for the acknowledgement of second and third tier members for Physical Conditioning Services with initial positive feedback and outcome within 8 weeks;
- Submissions of concerns from executive committee regarding the National Training Package (in the fitness industry);
- Initiation and follow up of insurance options for all members with independent legal (Gadens Lawyers) and brokerage (SRS Insurance Brokers) advice which is due to be finalised shortly;
- Continuing Education – Clinical Applications of Stretching 1 day course, and Introducing Musculoskeletal Assessment 2.5 day course, with planned Anthropometric course to occur in November/December 2003;
- Independent book reviews (six in total) in all four national newsletters from Queensland members;
- Initiation of formal recognition for accreditation in research and support for academic members (correspondence with BASES {British Association for Sports and Exercise Science} regarding this avenue);
- Establishment of the Private Clinicians Group (PCG) group to address the needs of practicing clinicians;
- Standardisation of Chapters financial system;
- Chapter name change;
- Fixed independent postal address;
- Fixed independent email address;
- Standardisation of chapter letterhead.

NSW Chapter Daryl Sadgrove

It has been quite an eventful year in NSW. Several key projects have raised the awareness of Exercise Physiology in the industry and have opened up many exciting opportunities for the future of our profession. Over the course of the year we have consolidated a number of key relationships with the fitness industry, universities, government and health. A great deal of work goes on to raise the profile of the profession amongst these groups, which is often a complex and time consuming process, but nevertheless of critical importance.

Many members may not be aware that throughout the course of the year AAESS NSW represents its members on a number of important working parties and committees. In doing so we ensure your voice is heard, recognition is gained on a state level, and industry policy reflects the interests of our profession. Some of these important committees include:

- TRAC (Fitness NSW - Training, Registration and Advisory Council)
- CASPAC (NSW Health/ Fitness Industry - Community and Specific Populations Advisory Council)
- SRTAC (Sport and Recreation Training Advisory Council working group)
- AAMI Insurance Outcome Improvement Committee
- WorkCover Steering Committee for Work Related Activity Programs
- Sports Medicine Australia - NSW Board
- Department of Veterans Affairs Heart Health Steering Committee
- Diabetes Australia/ AAESS Working Group
- Sydney University Expert Advisory Panel for Exercise Science
- Evidence Based Practice Network Quality Management and Planning Committee
- Yellow Pages Headings Committee
- AAESS Subcommittees (Website Organising, Membership, EP Networks, Insurance, Sport Science, Ex.Rehab, Ex.Science)
- AAESS State Chapter Presidents Committee
- AAESS National Board

Further presentations and negotiations were held with:

Six NSW Universities (Including Presentations to students, careers fairs and industry links)

- Heart Foundation
- Diabetes Australia
- Cancer Council
- Sport and Recreation
- Fitness NSW
- AAMI/ Allianz/ MBF/ Grand United/ AON - Health Insurance and Professional Indemnity Issues
- Dietetics Association of NSW
- Department of Veterans Affairs
- Weight Watchers
- WorkCover NSW
- NSW Health Injury Prevention Unit
- NSW Health Health Promotion Unit
- TAFE NSW
- Sydney Academy of Sport

In addition, AAESS NSW ran several continuing education seminars, produced monthly newsletters, arranged an Annual Dinner, organised six general meetings for members, produced several important documents, provided a significant amount of advice to both members and industry, responded to thousands of emails, produced facts sheets, screening tools, traveled great distances, presented at conferences, contributed to engineering two new websites, found employment for many EPs and opened opportunities for others, wrote and advised on several key industry policies, met with government and industry representatives, attended and contributed to organising conferences, involved in several media articles, improved links with training institutions, contributed to the university accreditation program, developed business plans, strategic direction and generally supported 300 EPs over the state.

I would like to take the opportunity to thank a few people, who without their time, support, commitment and dedication, none of the above would have taken place. Reflecting on the past year it is difficult to believe that

most of the above work was completed by only a handful of Exercise Physiologists who are unpaid, often have very demanding 'day jobs' and limited resources. Many thanks to the NSW Board- Brett Bennett, Chris Tzar, David Driscoll, Adam Fraser and Peter Ryan and also special thanks to Owen Curtis, Mark Brown and Damien Johnston for their drive, enthusiasm and undying support.

I would also like to thank every NSW member for their support, for valuing your membership and being part of the most exciting and fastest growing health profession in the country. My special thanks to those members who contributed in some way to the development of our profession, no matter how large or small.

Membership Statistics As at 24.10.03

	8.10.02	24.10.03	% Change
Members:	566	642	+13%
Full Members:	397	452	+14%
Student Members:	163	186	+14%
Adjunct Members:	6	4	n/a
New Members Joined since 1.1.03:	126	194	+54%
Accreditations:	218	258	+18%
Exercise Science -			
Exercise Physiology:	140	166	+19%
Musculoskeletal Rehabilitation:	62	79	+27%
Cardiorespiratory Rehabilitation:	7	7	n/a
Sports Science -			
Sports Physiology :	8	6	n/a
Sport Biomechanics:	1	0	n/a



**AUSTRALIAN ASSOCIATION FOR EXERCISE
AND SPORTS SCIENCE LIMITED**

A.B.N. 14 053 849 460

FINANCIAL REPORT

FOR THE YEAR ENDED 30TH JUNE 2003

INDEPENDENT AUDITORS' REPORT

DIRECTORS' DECLARATION

STATEMENT OF FINANCIAL POSITION

STATEMENT OF FINANCIAL PERFORMANCE

STATEMENT OF CASHFLOWS

NOTES TO THE FINANCIAL STATEMENTS

DETAILED PROFIT AND LOSS ACCOUNT

DIRECTORS' REPORT

**AUSTRALIAN ASSOCIATION FOR EXERCISE
AND SPORTS SCIENCE LIMITED
A.B.N. 14 053 849 460
INDEPENDENT AUDITORS' REPORT TO THE MEMBERS
FOR THE YEAR ENDED 30 JUNE 2003**

Scope

The financial report and directors' responsibility

The financial report comprises the statement of financial position, statement of financial performance, statement of cash flows, accompanying notes to the financial statements, and the directors' declaration for the Australian Association for Exercise and Sports Science Limited (the company), for the year ended 30 June 2003.

The directors of the company are responsible for the preparation and true and fair presentation of the financial report in accordance with the Corporations Act 2001. This includes responsibility for the maintenance of adequate accounting records and internal controls that are designed to prevent and detect fraud and error, and for the accounting policies and accounting estimates inherent in the financial report.

Audit Approach

We have conducted an independent audit in order to express an opinion on the financial report to members of the company. Our audit was planned and performed in accordance with Australian Auditing Standards in order to provide reasonable assurance as to whether the financial report is free of material misstatement. The nature of an audit is influenced by factors such as the use of professional judgment, selective testing, the inherent limitations of internal control, and the availability of persuasive rather than conclusive evidence. Therefore, an audit cannot guarantee that all material misstatements have been detected.

We have performed procedures to assess whether in all material respects the financial report presents fairly, in accordance with the Corporations Act 2001, including compliance with Accounting Standards and other mandatory financial reporting requirements in Australia, a view which is consistent with our understanding of the company's financial position, and of its performance as represented by the results of its operations and cash flows.

We have formed our audit opinion on the basis of these procedures, which included:

- examining, on a test basis, information to provide evidence supporting the amounts and disclosures in the financial report, and
- assessing the appropriateness of the accounting policies and disclosures and the reasonableness of significant accounting estimates made by the directors.

While we considered the effectiveness of management's internal controls over financial reporting when determining the nature and extent of our procedures, our audit was not designed to provide absolute assurance on internal controls.

**AUSTRALIAN ASSOCIATION FOR EXERCISE
AND SPORTS SCIENCE LIMITED
A.B.N. 14 053 849 460
STATEMENT OF FINANCIAL POSITION
AS AT 30 JUNE 2003**

	Notes	2003 \$	2002 \$
CURRENT ASSETS			
Cash Assets		77,880	100,644
Receivables	(4)	363	1,490
Other Assets	(5)	<u>678</u>	<u>967</u>
TOTAL CURRENT ASSETS		<u>78,921</u>	<u>103,101</u>
TOTAL ASSETS		<u>78,921</u>	<u>103,101</u>
CURRENT LIABILITIES			
Payables	(6)	28,076	32,224
Other Liabilities	(7)	<u>7,664</u>	<u>8,445</u>
TOTAL CURRENT LIABILITIES		<u>35,740</u>	<u>40,669</u>
NON-CURRENT LIABILITIES			
Other Liabilities	(7)	<u>7,748</u>	<u>9,476</u>
TOTAL NON-CURRENT LIABILITIES		<u>7,748</u>	<u>9,476</u>
TOTAL LIABILITIES		<u>43,488</u>	<u>50,145</u>
NET ASSETS		<u>35,433</u>	<u>52,956</u>
MEMBERS' EQUITY			
RETAINED PROFITS		<u>35,433</u>	<u>52,956</u>
TOTAL MEMBERS' EQUITY		<u>35,433</u>	<u>52,956</u>

These financial statements should be read in conjunction
with the accompanying notes.

**AUSTRALIAN ASSOCIATION FOR EXERCISE
AND SPORTS SCIENCE LIMITED
A.B.N. 14 053 849 460
STATEMENT OF FINANCIAL PERFORMANCE
FOR THE YEAR ENDED 30 JUNE 2003**

	Notes	2003 \$	2002 \$
Revenue from ordinary activities	2	101,070	86,095
Expenses from ordinary activities	3	<u>118,593</u>	<u>71,058</u>
Profit/(Loss) from ordinary activities before income tax expense		(17,523)	15,037
Income tax expense		<u>-</u>	<u>-</u>
Profit/(Loss) from ordinary activities after income tax expense (net profit/(loss))		<u>(17,523)</u>	<u>15,037</u>

Retained Profits

Retained profits at the Beginning of the year		52,956	37,919
Net Profit/(Loss)		<u>(17,523)</u>	<u>15,037</u>
Retained profits at the End of the financial year		<u>35,433</u>	<u>52,956</u>

These financial statements should be read in conjunction
with the accompanying notes.

**AUSTRALIAN ASSOCIATION FOR EXERCISE
AND SPORTS SCIENCE LIMITED
A.B.N. 14 053 849 460
STATEMENT OF CASHFLOWS
FOR THE ENDED 30 JUNE 2003**

	Notes	2003 \$ Inflows (Outflows)	2002 \$ Inflows (Outflows)
STATEMENT OF CASH FLOWS			
Cash flows from Operating Activities			
Receipts from customers/members		98,862	93,454
Interest		469	-
Net GST paid		1,005	(2,917)
Payments to suppliers		<u>(123,100)</u>	<u>(56,034)</u>
Net cash (used in) / provided by Operating Activities	10(ii)	<u>(22,764)</u>	<u>34,503</u>
Net (decrease) / increase in cash held		(22,764)	34,503
Cash at the beginning of the financial period		<u>100,644</u>	<u>66,141</u>
Cash at the end of the financial period	10(i)	<u>77,880</u>	<u>100,644</u>

These financial statements should be read in conjunction
with the accompanying notes.

**AUSTRALIAN ASSOCIATION FOR EXERCISE
AND SPORTS SCIENCE LIMITED
A.B.N. 14 053 849 460
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2003**

1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The financial statements, which form part of the general purpose financial report, have been prepared in accordance with applicable Accounting Standards, other authoritative pronouncements of the Australian Accounting Standards Board, Urgent Issues Group Consensus Views and disclosure requirements of the Corporations Act. The financial statements have also been prepared on the basis of historical costs and do not take into account changing money values or, except where stated, current valuations of non-current assets. The financial statements have also been prepared on a going concern basis which contemplates the continuity of normal business activities, the realisation of assets and the settlement of liabilities in the ordinary course of business. The accounting policies have been consistently applied, unless otherwise stated.

a) Taxation

The Company has been granted exemption from income tax under section 50-5 of the Income Tax Assessment Act.

b) Segment Information

The company is predominantly engaged in sports science activities conducted in Australia and within the Education Industry.

c) Revenue

Revenue from the sale of goods is recognised upon the delivery of goods to customers. Interest revenue is recognised on a proportional basis taking into account the interest rates applicable to the financial assets. Revenue from the rendering of a service is recognised upon the delivery of the service to the customers. Contributions of non-current assets are measured at the fair value of the consideration received or receivable.

d) Goods and services tax

Revenues, expenses and assets are recognised net of the amount of goods and services tax (GST), except where the amount of GST incurred is not recoverable from the Australian Tax Office (ATO). In these circumstances the GST is recognised as part of the costs of acquisition of the assets or as part of an item of expense.

Receivables and payables are stated with the amount of GST included.

The net amount of GST recoverable, or payable to, the ATO is included as a current asset or liability in the statement of financial position.

Cash flows are included in the statement of cash flows on a gross basis. The GST component of cash flows arising from investing and financing activities which are recoverable from or payable to, the ATO are classified as operating cash flows.

**AUSTRALIAN ASSOCIATION FOR EXERCISE
AND SPORTS SCIENCE LIMITED
A.B.N. 14 053 849 460
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2003**

	2003	2002
	\$	\$
2. REVENUE - by nature		
Operating activities		
Merchandise Sales	72	130
Membership Fees	94,300	77,352
Non-operating activities		
Conference Income	-	48
Advertising	2,516	3,173
Donations	3,538	5,200
Interest Income	469	-
Sundry	175	192
	<u>101,070</u>	<u>86,095</u>
3. PROFIT FROM ORDINARY ACTIVITIES		
i. Expenses from ordinary activities by nature:		
Audit/Accounting	2,750	2,250
Committee	12,893	11,360
Consulting	(471)	7,670
Purchases	1,349	657
Secretarial	67,571	29,514
Postage/Stationery	11,740	9,955
Other	16,769	9,652
Web Page	5,992	-
	<u>118,593</u>	<u>71,058</u>
ii. Directors remuneration		
Income Paid or Due and Payable	868	2,053
This amount represents the premium paid for Directors Indemnity Insurance.		
The number of Company Directors (14) included in these figures are shown below in their relevant bands		
Income of \$1 to \$10,000	-	-
iii. Auditors remuneration		
Amounts received, or due and receivable, by the auditors for:		
Auditing the accounts of the company	2,750	2,200
- Other Services	-	50
	<u>2,750</u>	<u>2,250</u>

**AUSTRALIAN ASSOCIATION FOR EXERCISE
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2003**

	2003 \$	2002 \$
4. RECEIVABLES		
Trade Receivable	363	1,210
GST Receivable	<u>-</u>	<u>280</u>
	<u>-</u>	<u>1,490</u>
5. OTHER ASSETS		
Prepayments		
Professional Indemnity Insurance	289	629
General Insurance	<u>389</u>	<u>338</u>
	<u>678</u>	<u>967</u>
6. PAYABLES		
Accounts Payable and Accrued Expenses	27,044	32,224
GST Payable	<u>1,032</u>	<u>-</u>
	<u><u>28,076</u></u>	<u><u>32,224</u></u>
7. OTHER LIABILITIES		
Fees in Advance		
Current	7,664	8,445
Non-Current	<u>7,748</u>	<u>9,476</u>
	<u><u>15,412</u></u>	<u><u>17,921</u></u>

8. RELATED PARTY INFORMATION

Directors

The following directors each held office as a director of the company during the year ended 30 June 2003:

Warwick Spinks Shona Bass(Resigned 14/10/02) Allan Bolton(Resigned 14/10/02) Mark Brown Phil Hamdorf Ian Gillam Robert Barnard(Elected 14/10/02) Mark Armstrong(Elected 14/10/02)	Owen Curtis Barry Ridge Maryanne Long Anthony Parker David Bishop Chris Nunn
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**AUSTRALIAN ASSOCIATION FOR EXERCISE
AND SPORTS SCIENCE LIMITED
A.B.N. 14 053 849 460
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2003**

9. MEMBERS' GUARANTEE

The company is limited by Guarantee. If the company is wound up, the Articles of Association state that each member is required to contribute a maximum of \$1.00 each toward meeting any outstanding obligations of the company. As at 30 June 2003 the Company had 544 members (2002 - 477 members).

10. NOTES TO THE STATEMENT OF CASH FLOWS

i. Reconciliation of Cash

For the purposes of the Statement of Cash Flows, cash includes cash on hand and at bank.

Cash at the end of the financial year as shown in the Statement of Cash Flows is reconciled to the related items in the balance sheet as follows:-

	2003	2002
	\$	\$
Cash at Bank	<u>77,880</u>	<u>100,644</u>
	<u>77,880</u>	<u>100,644</u>

ii. Reconciliation of Net Cash provided by Operating Activities to net Profit after income tax

Net profit after income tax	(17,523)	15,037
(Increase)/decrease in debtors/prepayments	1,136	(498)
(Decrease)/Increase in payables	(5,180)	15,983
(Decrease)/Increase in fees in advance	(2,509)	7,759
(Decrease)/Increase in GST payable	<u>1,312</u>	<u>(3,778)</u>
Net cash provided by Operating Activities	<u>(22,764)</u>	<u>34,503</u>

iii. Financing Facilities

At balance date there are no financing facilities available to the Company.

**AUSTRALIAN ASSOCIATION FOR EXERCISE
AND SPORTS SCIENCE LIMITED
A.B.N. 14 053 849 460
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2003**

11. FINANCIAL INSTRUMENTS

(a) Terms, Conditions and Accounting Policies

The Company's accounting policies, including the terms and conditions of each class of financial asset, financial liability and equity instrument, both recognised and unrecognised at balance date are as follows:

Financial Assets

Receivables - Trade

Trade Receivables are carried at nominal amounts due less any provision for doubtful debts. A provision for doubtful debts is recognised when collection of the full nominal amount is no longer probable.

Financial Liabilities

Accounts Payable and Accruals (Note 6)

Liabilities are recognised for amounts to be paid in the future for goods and services received, whether or not billed to the company. Trade liabilities are normally settled on 30 day terms, unless otherwise advised by the trade creditor.

(b) Interest Rate Risk

The company's exposure to interest rate risks is minimal.

(c) Credit Risk Exposure

The company's maximum exposure to credit risk at balance date in relation to each class of recognised financial asset is the carrying amount of those assets as indicated in the statement of financial position.

(d) Net Fair Value of Financial Assets and Liabilities

The net fair value of cash and cash equivalents and non-interest bearing monetary financial assets and financial liabilities approximates their carrying value.

(e) Other Unrecognised Financial Assets

Members Guarantee: The company has a contingent asset available of \$544 arising from members guarantee in the event of winding up (refer Note 8).

**AUSTRALIAN ASSOCIATION FOR EXERCISE
AND SPORTS SCIENCE LIMITED
A.B.N. 14 053 849 460
DIRECTORS' REPORT**

The Directors have pleasure in presenting their report together with the financial report of the company for the year ended 30 June 2003 and the Auditors' Report thereon.

The names of the directors of the company in office at the date of this report are:-

Maryanne Long	Owen Curtis	Ian Gillam
Robert Barnard	Anthony Parker	Mark Brown
David Bishop	Mark Armstrong	Warwick Spinks
Phil Hamdorf	Barry Ridge	Chris Nunn

Directors' Attendances

Nine meetings of the Board of Directors were held during the year up to 30 June 2003. Directors' attendances at meetings during directorship were as follows:-

	Present	Apologies
David Bishop	7	2
Anthony Parker	6	3
Phil Hamdorf	7	2
Allan Bolton	2	1
Barry Ridge	8	1
Maryanne Long	8	1
Shona Bass	1	2
Ian Gillam	8	1
Mark Brown	7	2
Warwick Spinks	5	4
Chris Nunn	6	3
Owen Curtis	8	1
Robert Barnard	2	
Mark Armstrong	2	3

Principal Activities

The principal activities of the company in the course of the financial year were the promotion, research and advancement of education in the areas of exercise and sports science and related fields and the setting of standards in the community of best practice in those areas.

**AUSTRALIAN ASSOCIATION FOR EXERCISE
AND SPORTS SCIENCE LIMITED
A.B.N. 14 053 849 460
DIRECTORS' REPORT CONT'D**

Operating Result

The net loss earned by the company for the year was (\$17,523) (2002 - Profit \$15,037).

Review of Operations

The company earned revenue of \$101,070 for the year, primarily income from memberships. The company's operations during the year resulted in a net loss of \$17,523. Expenses were primarily committee travel expenses, printing and secretarial costs.

Significant Changes

Other than matters reported in this Directors' Report there was no significant change in the state of affairs of the company during the financial year.

Matters Subsequent to the end of the Financial Period

Other than matters reported in this Directors' Report, no matters or circumstances have arisen since the end of the financial year, which significantly affected or may significantly affect:

- a) the operations of the company;
- b) the results of those operations; or
- c) the state of affairs of the company;
- d) in the financial years subsequent to 30 June 2003.

Proceedings on behalf of Company

No person has applied for leave of Court to bring proceedings on behalf of the company or intervene in any proceedings to which the company is a party for the purpose of taking responsibility on behalf of the company for all or any part of those proceedings. The company was not a party to any such proceedings during the financial year.

**AUSTRALIAN ASSOCIATION FOR EXERCISE
AND SPORTS SCIENCE LIMITED
A.B.N. 14 053 849 460
DIRECTORS' REPORT CONT'D**

Likely Developments

In the opinion of the directors it would prejudice the interests of the company to provide additional information, except as reported in this Directors' Report, relating to likely developments in the operations of the company and the expected results of those operations in the financial years subsequent to the financial year ended 30 June 2003.

Information on Directors

In accordance with Section 300(10), particulars of the qualifications, experience and special responsibilities of the Company's Directors are as follows:-

Director	Qualifications	Special Responsibilities
Maryanne Long	BApp Sc (PE), Dip Ed Exercise Physiologist Director 5 years	Secretary
Robert Barnard	Dip T, BEd, MEd Exercise Physiologist Director 1 year	Director
Mark Armstrong	PhDM AppSc, BAppSc (PE) University Lecturer Director 1 year	Director
Anthony Parker	PhD University Professor Director 12 years	Director
Chris Nunn	HMS ExMan (Hons) Exercise Physiologist Director 3 years	Director
Phil Hamdorf	B Ed Dip T. PhD Exercise Physiologist Director 8 years	Chairman and President
Barry Ridge	B Ed (Hons), Dip PE, M Ed, PhD University Lecturer Director 7 years	Treasurer

**AUSTRALIAN ASSOCIATION FOR EXERCISE
AND SPORTS SCIENCE LIMITED
A.B.N. 14 053 849 460
DETAILED PROFIT AND LOSS ACCOUNT
FOR THE YEAR ENDED 30 JUNE 2003**

	2003	2002
	\$	\$
INCOME		
Advertising	2,516	3,173
Donations	3,538	5,200
Membership	94,300	77,352
Merchandise	72	130
Conferences	-	48
Interest received	469	-
Sundry Income	<u>175</u>	<u>192</u>
TOTAL INCOME	<u>101,070</u>	<u>86,095</u>
EXPENSES		
Audit	2,750	2,250
Advertising	459	2,134
Bank Charges	2,013	1,678
Chapter Grant	1,000	-
Committee - Travel Expenses	12,893	11,360
Consulting Fees	(471)	7,670
Conferences	2,182	782
Directors' Insurance	1,440	2,116
ICCSPE Subscription	316	358
Insurance	49	65
Postage	3,756	3,590
Printing & Stationery	8,216	6,365
Salary	49,815	16,288
Purchases	801	658
Secretarial	17,757	13,226
Sundry Expenses	819	144
Superannuation	4,140	1,380
Telephone	4,467	29
Web Page	5,992	861
Workers Compensation	<u>199</u>	<u>104</u>
TOTAL EXPENSES	<u>118,593</u>	<u>71,058</u>
NET PROFIT/(LOSS)	<u>(17,523)</u>	<u>15,037</u>